



Wellington flight course

May 4-6th

2015

Life Flight Air Rescue Centre
Wellington Airport
Rongotai

DAY 1: **Monday May 4th**

0800 **Registration**

0815 **Welcome from CCDHB & Life Flight
Introduction & Housekeeping**

Henny Nicholls (CNM Patient Transfers, CCDHB)

Alan Cook (CEO Life Flight)

0830 **Altitude and Gas Laws**

Dr.Alex Psirides (Clinical Leader, Aeromedical Retrieval, CCDHB)

0930 **Helicopter/Fixed Wing orientation & safety**

Colin Larsen & Blair Frampton (Senior Life Flight staff)

1030 Morning tea

1045 **Physiological Changes with Altitude**

Dr.Alex Psirides

1130 **Medical and Legal Responsibilities**

Dr.Alex Psirides & Henny Nicholls

1230 Lunch

1315 **Preparation for Transport** (with stretcher & SimMan mannequin)

Lois Roberts (Senior Flight Nurse, CCDHB)

1415 **Staff Health**

Dr.Neville Berry (Occupational Health Specialist, CCDHB)

1500 Afternoon tea

1515 **Dangerous Goods**

Colin Larsen

1600 **End of Day**

- 0800 The Pilot's Perspective
Life Flight Helicopter Pilot
- 0900 Crew Resource Management
Dr.Shawn Sturland (Clinical Leader, Wellington ICU, CCDHB)
- 1000 Morning tea**
- 1015 Transfer of Patients with Aortic Aneurysms
- 1115 Transfer of Trauma Patients with Spinal & Head Injuries
Dr.Alex Psirides
- 1215 Lunch**
- 1245 Survival Training & Aircraft Emergencies
Dr.Claude Preitner (Senior Medical Officer, CAA)
- 1345 Transfer of Paediatric Patients
Karyn Hathaway (Senior Flight Nurse, CCDHB)
- 1445 Afternoon tea**
- 1500 Transfer of Obstetric Patients
Fiona Jones (Clinical Midwife Specialist, CCDHB)
- 1600 End of Day

- 0830 Transfer of Patients with Cardiac Disease
- 0915 Transfer of Patients with Subarachnoid or Subdural Haemorrhages
Dr. Andy Swain (Medical Director, Wellington Free Ambulance)
- 1015 Morning Tea**
- 1030 Stressors & Adverse Events in Flight
Henny Nicholls
- 1115 Exploring the Environment
Henny Nicholls & Lois Roberts

1215 **Lunch**

1300 **Water Safety**

Logan Taylor (Helicopter Crewman, Life Flight)

1330 **Swimming Pool Safety Session**

(at Freyberg Pool, 139 Oriental Parade, Wellington)

Logan Taylor

1500 **Afternoon Tea**

1530 **Test & Answers**

Henny Nicholls

1600 **Course Certificates**

1615 **End of Course**



<http://www.wellingtonicu.com/Education/Courses/Flight/>