

# Six years of MDT tracheostomy management at CCDHB

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# Outline

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- ▶ Background and history of TRAMS
- ▶ Roles, responsibilities and processes
- ▶ Outcomes following introduction of TRAMS
- ▶ Challenges




# Introduction and background

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- ▶ Concerns re: trache management on ward
  - ▶ Poor documentation
  - ▶ Poor coordination
  - ▶ No lead decision-maker
  - ▶ Unsafe practice
  - ▶ Perceived delays in decannulation
- ▶ Introduced to Austin Health TRAMS model
  - ▶ In Melbourne, Australia
  - ▶ Coordinated, centralised trache care
  - ▶ Multidisciplinary decision making
- ▶ Formally launched TRAMS in April 2011



# Roles, process and responsibilities

Tracheostomy Review & Management Service  TRAMS

Date of review: / / Team: ICU Dr/ICU CNS/SLT/Physio  
No. days in-situ:  
Ongoing reason for trache: neuro  resp  other:  
Issues:

**EXAM**

Cough: spont  to command  stimulated   
strong  moderate  weak  absent   
Swallow: effective  reduced  absent   
Sputum volume: nil  low  high   
Sputum colour: white  green  yellow  bloody

Current plan:

Estimated decannulation date: not yet known  or / /  
Next TRAMS review in \_\_\_\_ days

Please contact the ICU ACNM on **80431** if any concerns  
**In an emergency, always call 777 MET**

Signed: Name (PRINT):

# Outcomes

	Pre-TRAMS	Post-TRAMS
<b>Traches inserted in ICU</b>	n=138	n=228
<b>Transferred to ward</b>	n=22 (16%)	n=58 (25%)
<b>Ward</b>	Neuro (75%), Surg (10%), Cardiothoracic (10%), Med (5%)	Neuro (84%), Med (10%), Rehab (2%), Paed (2%)
<b>Decannulated by TRAMS</b>	n=17 (77%)	n=41 (71%)
<b>Days cannulated</b>	M=20 (IQR 9,24)*	M=13 (IQR 9,29)*
<b>Days from ICU d/c to decannulation</b>	M=14 (IQR 4,17)*	M=7 (IQR 3,18)*

\*Excl. outlier with 207 days of cannulation



# Outcomes

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- ▶ Reduction in preventable complications
- ▶ Improvement in documentation
- ▶ Improved MDT input
- ▶ Clear decision making around weaning and decannulation
- ▶ Better understanding of ward capabilities



# Challenges

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- ▶ Funding
- ▶ Discharging to other wards in DHB
- ▶ Retention of knowledge for ward staff
- ▶ Challenging patients
- ▶ Team stability and succession planning



# Final thoughts

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- ▶ TRAMS has improved care of patients with tracheostomies
- ▶ Reducing time on wards with tracheostomies has reduced risk to patients
- ▶ We need formal resource
- ▶ Recommend considering TRAMS model for other DHBs





# Questions

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